

**CARDEN PARK**  
CHESHIRE'S COUNTRY ESTATE



# Team Building at Carden

**Motivate your employees in 1,000 acres  
of stunning Cheshire countryside**

Whether you want to add a team building experience to your corporate event or plan a full day of activities for the entire company, discover unforgettable entertainment and team activities across Carden Park Estate.





## Let your imagination run wild

If it's archery for a group of 10 or a festival themed event for 600, our experienced co-ordinators will work with you to deliver unique and memorable activities in a wide variety of indoor and outdoor settings. We have the knowledge, the locations and the enthusiasm to make your team building vision a reality.



= Suggested activity duration



= Maximum number of participants

# Contents

---

## Country Pursuits

Segways	Page 3
Archery	Page 3
Axe Throwing	Page 3
Laser Clay Shooting	Page 4
Air Rifles	Page 4
Falconry	Page 4
Ferret Racing	Page 4
Duck Herding	Page 5

## Vertigo Aerial Adventure

Ropes Course	Page 6
Bag Drop	Page 6
Zip Line	Page 6
Climbing Wall	Page 6
Face Your Fears	Page 7

## Whole Team Challenges

Treasure Hunt	Page 8
Mobile Escape Room	Page 8
Fort Boyard	Page 8
Crystal Clear	Page 8
Blast Off	Page 9
Chain Reaction	Page 9
Trebuchet	Page 9
Bridge Build	Page 9
Back To School	Page 10
Chocolate Challenge	Page 10
Spy Academy	Page 10
Caped Crusaders	Page 10
Big Picture	Page 11
Business Bake Off	Page 11
Wacky Races	Page 11
Mud, Sweat & Gears	Page 11

## Whole Team Challenges (Cont.)

Archery Tag	Page 12
Bubble Football	Page 12
Foot Golf	Page 12
Highland Games	Page 12
Roman Around Chester	Page 13
Clay Pidgeon Shooting	Page 13
White Water Rafting	Page 13
Conference Ice Breakers	Page 13

## Inflatable Fun

Football Darts	Page 14
Assault Course	Page 15
Wipe-Out	Page 15
Hungry Hippos	Page 15
Human Table Football	Page 15

## Evening Entertainment

Murder Mystery	Page 16
Games Show	Page 17
Final Furlong	Page 17
Wii Olympics	Page 17
Boomin' Bingo	Page 17
Games Room	Page 18
Samba Beat	Page 18
Boom Whackers	Page 18
Garden Games	Page 18

## Much more to explore

Page 19

# Country Pursuits

Designed for smaller groups looking for short, fun experiences that aren't too physically demanding, our selection of classic Country Pursuits are the perfect way to experience the scenic surroundings of Carden Park.



🕒 1hr

👥 25

Outdoor

## Segways

Balancing on two wheels has never been more fun! Your team will receive one to one tuition on how to handle a Segway, then they will negotiate their way around a designated track with time penalties for every cone hit.

## Archery

Our friendly and knowledgeable instructors will teach your team how to use our traditional longbows. After familiarising yourself with the weapon, go head to head in a competition to see who is the best shot!



🕒 1hr

👥 25

Outdoor



🕒 1hr

👥 25

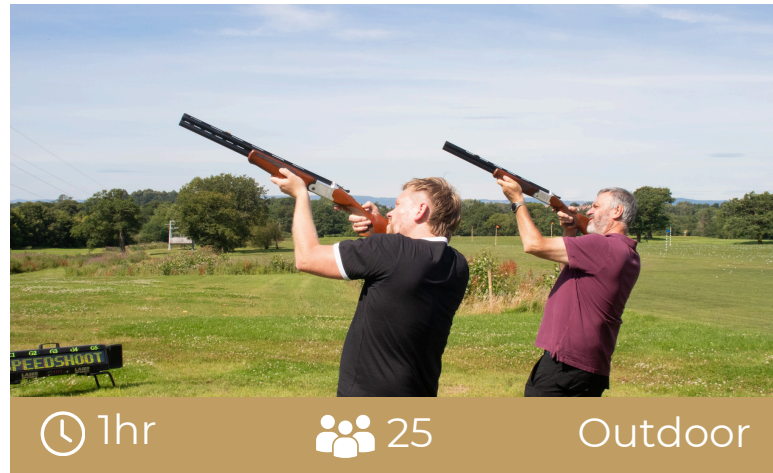
Outdoor

## Axe Throwing

This activity helps teams bond while enjoying a unique and competitive challenge. Guided by expert instructors in a safe environment, your team will develop focus, teamwork and a sense of accomplishment.

## Laser Clay Shooting

No huge kick backs, sore shoulders or loud noises - just fun! Clays will be fired into the air from a traditional trap with your team aiming to hit them using our converted laser shotguns. Fantastic for large groups in a shoot out relay.



🕒 1hr

👥 25

Outdoor



🕒 1hr

👥 25

Outdoor

## Air Rifles

You can't beat a good shoot out! With a large array of rifle targets to aim for, expect a competitive and fun experience with one on one tuition throughout this group session. A simple yet sensational experience.

## Falconry

Under the guidance of expert falconers, you'll learn about the history, techniques, and skills involved in handling these incredible birds. This unique activity fosters communication, trust and teamwork.



🕒 1hr

👥 N/A

Outdoor



🕒 1hr

👥 N/A

Outdoor

## Ferret Racing

In this lighthearted yet competitive activity, teams will cheer on their ferrets as they race through a specially designed track. It's a unique and fun way to encourage teamwork and a bit of friendly rivalry!

# Duck Herding

A fun and often hilarious activity, your team will attempt to herd ducks around a course. Through the tunnels and gates, down the slide for a quick dip in the pool and finally back into the pen, safe and sound.



🕒 1hr

👥 30

Outdoor

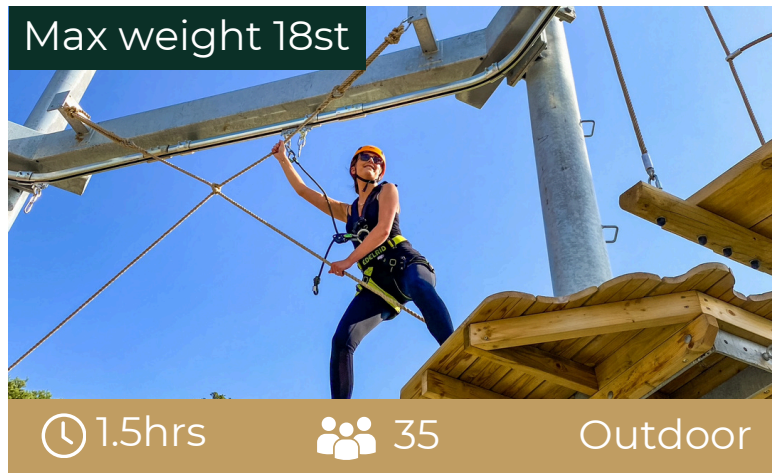


# Vertigo Aerial Adventure

Brave dizzying heights in this unique outdoor experience, complete with an aerial trek where your team can combat a variety of challenges. At the top, either leap into a giant stunt pillow or glide down a zip line back to earth.

## Ropes Course

Will your team face their fears in this exciting aerial challenge? Vertigo at Carden offers two terrifying levels of white-knuckle obstacles for all abilities to overcome. A great way to build confidence and camaraderie.



Max weight 18st

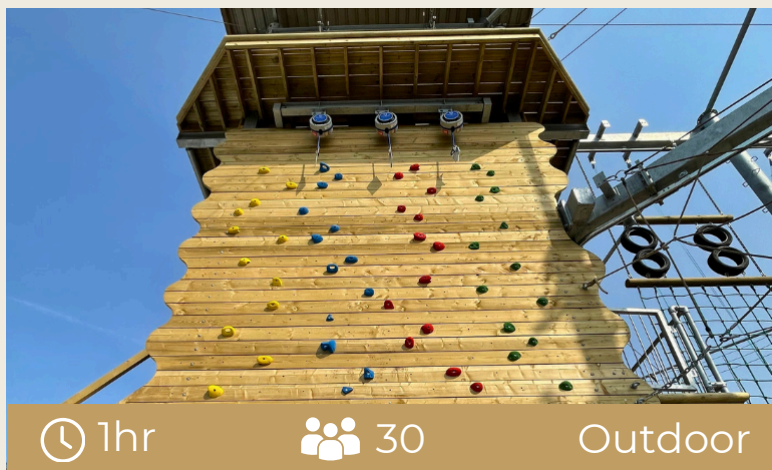


## Bag Drop

Unleash your teams' inner stunt doubles via our free fall pillow jump! They'll build their courage by jumping from 3 metres, 6 metres and then 10 metres onto a giant, able landing. A thrilling experience they won't forget.

## Zip Line

At the top of Vertigo, return to ground level via an exhilarating dual 210m zip line. The view is incredible overlooking the Welsh hills as your team soars through the air!

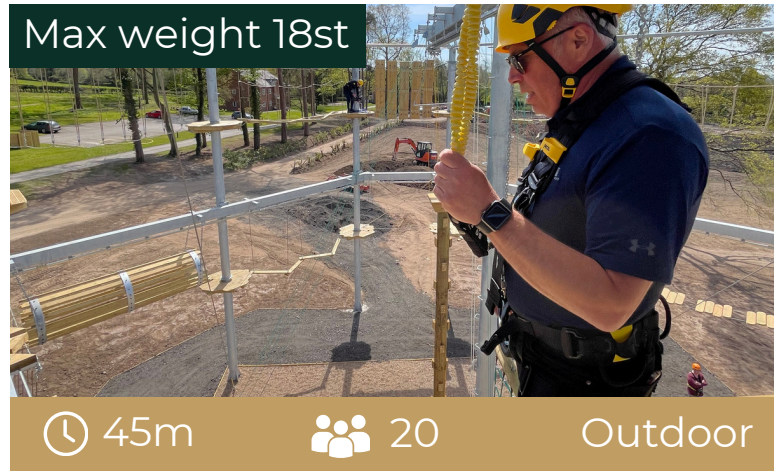


## Climbing Wall

Why not reach for the skies when planning your next team building activity? Venture up our rock climbing wall and see who can be first to reach the summit. An excellent way to build trust, teamwork and competitiveness

# Face Your Fears

Vertigo boasts a great variety of stand alone rope activities aimed at a specific team building objectives; addressing trust, teamwork, communication, leadership, problem solving and more. Let's push your team to the limits!



## Whole Team Challenges

Whether you're seeking to energise your team with exciting challenges or stretch their problem solving skills to the limit, our countryside setting provides the perfect backdrop for fostering collaboration, creativity and lasting bonds.

## Treasure Hunt

Teams will be presented with a treasure hunt pack containing puzzles, a map and task sheet. Their objective is to discover specified locations, plot their route and complete a number of tasks along the way against the clock.



🕒 2hrs

👥 100

Outdoor



🕒 1hr

👥 200

Indoor

## Mobile Escape Room

This is the perfect problem solving experience for developing communication skills, identifying strengths and highlighting the key team characteristics of your group.

## Fort Boyard

Try your hand at a wide variety of brain-teasing puzzles and physical challenges. Work closely with our events team to find the perfect combination of games to suit your group and team building objectives.



🕒 3hrs

👥 200

Indoor / Outdoor



🕒 3hrs

👥 200

Indoor / Outdoor

## Crystal Clear

Inspired by the classic TV show where the objective is to gather crystals, this superb collection of challenging team building activities is designed to break down barriers and apply pressure. End the day in an inflatable Crystal Dome.

## Blast Off

Participants work in small syndicate teams to complete a structured sequence of activities and problem-solving challenges to achieve their rocket launch. The event culminates with a chain reaction and blast off!



🕒 3hrs

👥 200

Outdoor



🕒 1.5hrs

👥 200

Indoor / Outdoor

## Chain Reaction

A scrapheap challenge event designed to make your team think outside the box. Each group will be allocated their designated kit that must be used in a unique design, using everyday objects in a domino effect to reach an end goal.

## Trebuchet

Build the famous instrument of medieval siege warfare! Battling head to head, teams must construct a 2 metre high trebuchet using diagrams provided. An excellent way to promote collaboration and problem solving.



🕒 1hr

👥 20

Outdoor



🕒 1.5hrs

👥 200

Indoor / Outdoor

## Bridge Build

Teams will be allocated an area where they are required to design and build a section of bridge connecting groups either side. Once completed, drive a radio controlled car across the bridge against the clock!

## Back To School

Take a trip down memory lane with our school sports day activity. Split into teams, your group will compete in old favourites such as the egg and spoon race and sack race. Why not finish with a school disco in the evening?



🕒 2hrs

👥 200

Outdoor



🕒 2hrs

👥 200

Indoor

## Chocolate Challenge

A tasty task that challenges you and your team to make your very own box of chocolates. Provided with a variety of ingredients and materials, your team must design and create the box, followed by the best bit... tasting!

## Spy Academy

Budding agents will be given a briefing at Spy HQ with full details of the mental and physical challenges they must accomplish. Each spy mission requires skill, dexterity and plenty of teamwork.



🕒 3hrs

👥 100

Outdoor



🕒 3hrs

👥 100

Outdoor

## Caped Crusaders

It's time for your team to suit up and tackle some villains in this high energy, fun-filled super hero training programme. Keys to the city will be awarded for quick reactions, stamina, speed and sight.

## Big Picture

Bringing out the Picasso in everyone! This tailored interactive experience is built wholly with your company objectives in mind. Participants paint jigsaw pieces that can join together to form message or company logo.



🕒 2hrs

👥 200

Indoor



🕒 2hrs

👥 200

Indoor

## Business Bake Off

Choose from a variety of baking tasks which include replicating your offices with a gingerbread house, designing your logo on a cupcake or creating a unique team cake.

## Wacky Races

A fun and energetic activity, each team will design and construct their own colourful vehicle, then compete in a series of outlandish races in their magnificent machines.



🕒 1hr

👥 200

Outdoor



🕒 2hrs

👥 40

Outdoor

## Mud, Sweat & Gears

This rubber burning, gear wrenching, teeth gritting activity brings out the competitive element in everyone whilst offering the opportunity to drive some unusual, challenging and fun vehicles across the estate.

## Archery Tag

A mixture of paint balling and archery but without the pointy bits or the splat marks! In a dodgeball type scenario, you must eliminate the opposition and retrieve the flag, with opportunity to pick up additional ammo on the way.



🕒 1hr

👥 30

Outdoor



🕒 1hr

👥 30

Outdoor

## Bubble Football

Strapped into their bubbles, your team will battle it out in a 5 a side match, which will have you all rolling around in laughter, quite literally! Expect a marked pitch to play on, goals and a referee to assist.

## Foot Golf

Tackle our mobile 9 hole Foot Golf Course, where power and precision is necessary on some holes and a little chip and a swerve on others. With slips and trips along the way, there's guaranteed laughter for everyone.



🕒 1hr

👥 30

Outdoor



🕒 1.5hrs

👥 100

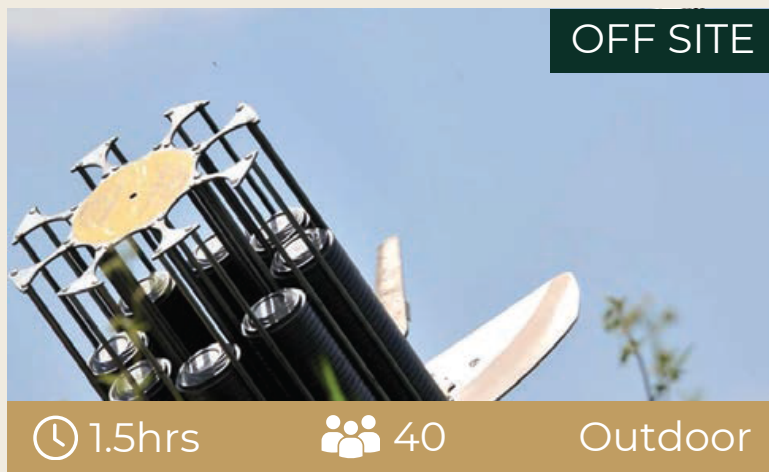
Outdoor

## Highland Games

Teams compete head to head in traditional and modern activities, including tossing the caber, hurling the haggis, welly wanging, whisky tasting and creating their very own pipes and drum band.

## Roman Around Chester

Some good old fashioned fun exploring the beautiful city of Chester, steeped in Roman and Medieval History. Inside the city walls, teams will be presented with a treasure hunt pack containing puzzles, a map and task sheet.



## Clay Pigeon Shooting

It's all about hitting targets! Using one of our preferred suppliers located in breathtaking surroundings very close to Carden Park, we can offer some great shoots with a large variety of simulated birds.

## White Water Rafting

Navigate through thrilling rapids as a team, working together to conquer the challenges of a scenic river in North Wales. This high-energy activity promotes communication, trust and quick decision-making



## Conference Ice Breakers

It's important to ensure your team got out of the right side of the bed! With our highly competitive and amusing icebreaker sessions, your team will feel ready for the day with a wide selection of activities to suit all group sizes.



## Inflatable Fun

Bring excitement and energy to your team building day at Carden Park with our popular inflatables! Perfect for outdoor or indoor fun, our range of games and activities promotes teamwork, friendly competition and plenty of laughter.



🕒 3hrs 🧑 N/A Indoor / Outdoor

## Football Darts

Played in the same way as darts but with a giant inflatable dart board and football darts that stick when you hit it. Great fun for adults and children, suitable for events and parties.

## Assault Course

Are you ready to take on the boot camp? Teammates must negotiate their way through this 26 metre monster, tackling a number of obstacles including the tyre gauntlet challenge and the ravine swing.



🕒 3hrs 🧑 N/A Indoor / Outdoor



🕒 3hrs 🧑 N/A Indoor / Outdoor

## Wipe-Out

A fast paced 8 player action game which challenges stamina, agility and reactions. Not one but two spinning arms to try to knock you off your podium. Who will be the last man or woman standing?



🕒 3hrs 🧑 N/A Indoor / Outdoor

## Hungry Hippos

A unique concept inflatable where up to 4 players can enter the arena. They are fastened to bungee belts and compete to see who can get the most balls back to their corner.



🕒 3hrs 🧑 N/A Indoor / Outdoor

## Human Table Football

Participants are strapped onto aluminium poles that restrict movement to only left and right. A great team activity which can be provided as part of a much larger event or on its own.



## Evening Entertainment

Gala banquets, balls and themed nights... that's where Carden Park really shines. No matter your budget or ideas, we will help you create the perfect evening celebration for your colleagues after a busy day of meetings and team building.



🕒 3hrs

👥 N/A

Indoor

## Murder Mystery

Nothing beats a good whodunnit! Get your most creative team mates together for an evening of deduction, slyness and pointing fingers. During reception drinks, a body is found with clues, actors and evidence.

## Game Show

An ensemble of interactive, competitive game show quizzes which can be run throughout or after dinner; providing a high energy, fun filled night out. All rounds are designed to get everybody involved and include prizes.



🕒 3hrs

👥 300

Indoor



🕒 3hrs

👥 300

Indoor

## Final Furlong

We will re-create the atmosphere of a day at the races, giving you and your guests the opportunity to try their luck without breaking the bank. To add that extra hilarious, competitive edge, ask about our “Reel ‘Em In” grand finale.

## Wii Olympics

Our Wii nights can run as a relaxed free for all or form part of a constructed head to head team event. This fast paced activity will generate healthy competition and laugh out loud antics, with classic games such as Mario Kart.



🕒 3hrs

👥 300

Indoor



🕒 3hrs

👥 300

Indoor

## Boomin' Bingo

The true meaning of organised chaos! Lose your inhibitions with this fast paced evening event, where traditional bingo meets dance off's, music and random prizes. A high energy event that is sure to get everyone enthused!

## Games Room

We have a range of games in our Pursuits Centre that can either be enjoyed in their current location or moved to your event space. Think arcades, consoles, giant connect four, table football and much more.



## Samba Beat

For thousands of years, people worldwide have used group drumming to rejuvenate minds and bodies, reinforce common values and goals, strengthen bonds and celebrate life. A real feel good group activity.



🕒 1hr

👥 100

Indoor

## Boom Whackers

Take part in this fun and active workshop using a set of tuned percussion tubes. Learn to play in rhythm and harmonise as a group, creating music as a team you wouldn't have thought possible!



🕒 1hr

👥 100

Indoor



## Garden Games

These timeless classics are bound to keep your team entertained and engaged. Choose from giant jenga, giant kerplunk, giant dominoes, rounders, croquet, skittles, darts, inflatable twister and much more.

## Much more to explore...

Escape the everyday, connect with your colleagues and discover the resort with extraordinary experiences in the heart of the Cheshire countryside. With plenty of world class facilities on site, there's so much to complement your team building experience.

---



### The Spa at Carden

Our multi-award winning spa facility boasts the largest spa garden in England and some of the best thermal facilities in Europe. Treat your team to massages, time in the hot tubs or book the entire spa for exclusive, private use.

### Championship Golf

With two courses, club house with bar and function room, driving range, custom fitting studio and much more, Carden Park has some of the best golf facilities in the North of England. Ask about our bespoke corporate packages.



### Delicious dining

From large themed banquets to intimate private dining with your own custom menu, round the world street food stalls to buffets in our panoramic restaurant overlooking the spa garden, expect dining options for every taste.

## Room Theming

If you're having an indoor daytime event or finishing off your conference with an evening gala dinner, we can help to create your perfect theme - perhaps you'd like a winter wonderland or casino night?



## Overnight Stays

Carden Park Hotel boasts a diverse collection of 197 luxury bedrooms, including 6 accessible rooms and 18 suites, offering a combination of comfort, relaxation and inspiration in the heart of the Cheshire countryside.

## Art & Sculpture

Whether it's half an hour of 'net-walking' as part of your conference or a guided art tour with one of our experts, the on-site Sculpture Garden could make an ideal cultural diversion from the rest of your schedule.



## Wine Tours

Stroll through our on-site 3 acre vineyard, learn about the art of wine making from experts and indulge in a guided tasting of carefully selected wines. We also have options for whiskey and cocktail tasting.





## We'd love to hear from you

Request pricing from our team today and elevate your team to new heights at Carden Park. We'll help you design a unique experience that will inspire success long after you leave our countryside retreat.

## Our Location



Chester Station

20 minutes

Crewe Station

30 minutes

London Euston Station

120 minutes



Manchester Airport

50 minutes

Liverpool Airport

50 minutes

## Contact Us



01829 731 555



[cardenpark.co.uk](http://cardenpark.co.uk)



[sales@cardenpark.co.uk](mailto:sales@cardenpark.co.uk)

Carden Park Hotel, Cheshire, CH3 9DQ

